

We Build Home Gyms.





Hey there!

I'm so glad you're here! If you're reading this, you've either found Sharp Home Gyms online or we've connected on a discovery call. Either way, welcome — I appreciate you taking the time to learn more.

Sharp Home Gyms was built on a simple mission: to create personalized spaces that enable our customers to achieve their goals in fitness, health, and beyond. Our vision is even simpler — a world where there are zero barriers between you and your training. Whether you've got a spare bedroom, a corner of your garage, or a whole shop to work with, our job is to help you make the most of it.

We walk customers through a collaborative process to design their perfect home gym. You can expect to know everything about your home gym — even be able to walk through it virtually — before deciding to install it.

A little about me: I'm Justin Sharp, originally from a tiny community called Fort Rock, Oregon. I grew up on my family's alfalfa farm and cattle ranch — building fences, feeding cattle, and stacking hay. My passion for fitness started in high school when I used it to overcome poor health and body insecurity. One of my biggest challenges back then was simply finding a place to train. Inconsistent gym access made it hard to achieve my goals. That's why I started this business — to help others build home gyms and remove that obstacle for good.

Today, I'm a CrossFit Level 1 Trainer, ranch hand, and husband to my amazing wife Maddie. I believe anyone can improve their health and life with the right tools — and I'd love to help you build them.

With gratitude,

A handwritten signature in black ink that reads "Justin Sharp". The signature is written in a cursive, flowing style.

Justin Sharp
Founder, Sharp Home Gyms LLC

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Why Build a Home Gym?



ChatGPT can tell you what to do in the gym, but it can't help you get there.

Everyone knows they should be exercising, and it's never been easier to get high-quality training programs online. Despite those two realities, less than 1/4 of Americans meet their daily exercise needs. Gyms are often too far away, too inconvenient, or too intimidating for most people.

Building a home gym eliminates the commute, monthly membership, and awkwardness. Unlike many gym memberships, building a home gym is an investment that will make you want to exercise.

A home gym will eliminate all barriers between you and being in the best shape of your life

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More Than A Contractor



Fitness is Our Passion

When it comes to building a home gym, you need more than just someone who can put a screw in the wall. You need someone who understands fitness—how space, equipment, and training goals matter in creating a space you will want to use. We are not just a general contractor who happens to install gym equipment—*we're fitness professionals who do construction.*

The Process is Our Specialty

Step 1

- Free discovery call
- Discussion about goals, space, and budget

Step 2

- 3D, high definition, interactive layout mockup
- Personalized equipment list
- Free project quote

Step 3

- Optional equipment procurement
- Full installation
- 90-day installation warranty

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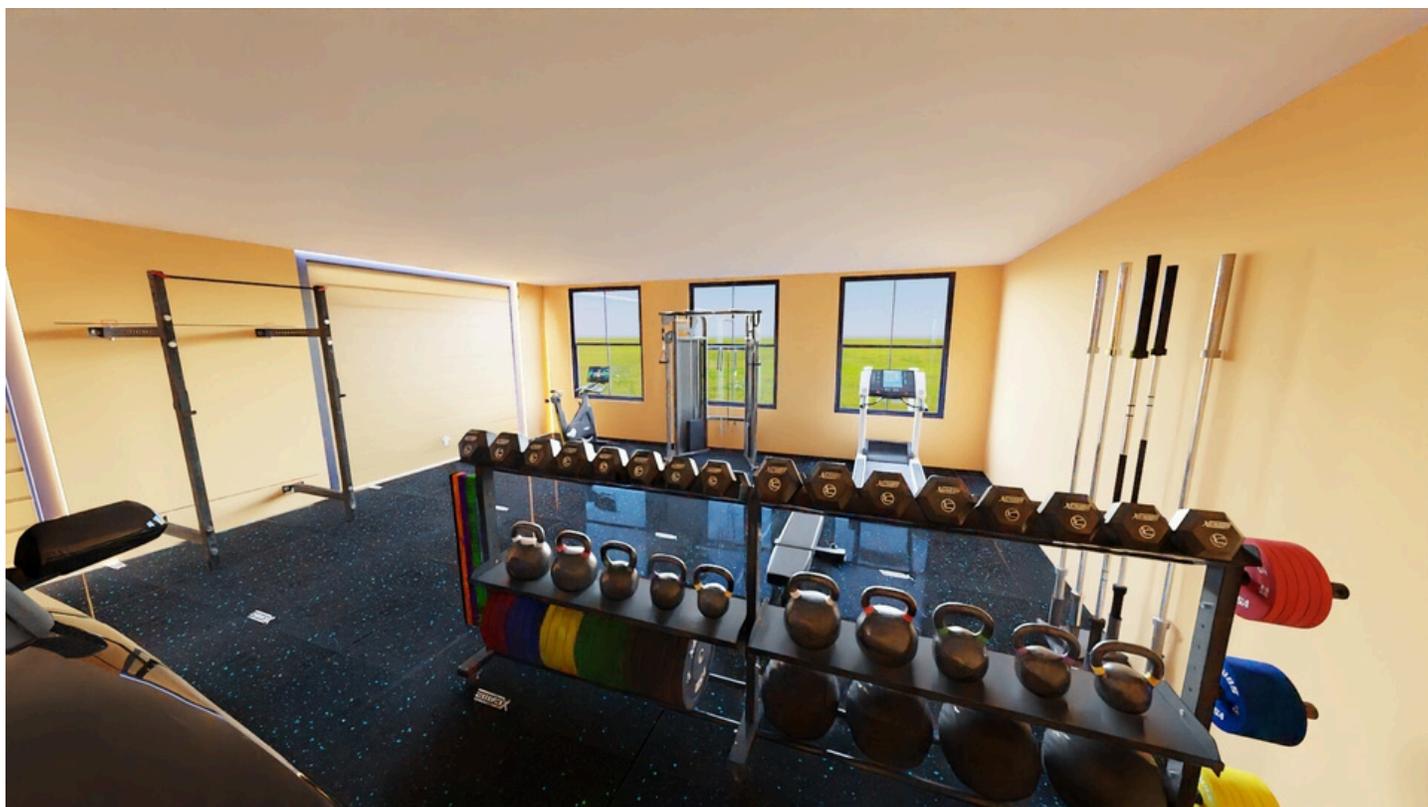
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What to Expect



- ✓ **Fitness-first approach** — Every layout and equipment list is designed around how you train, not what's fast and easy.
- ✓ **Custom design mockups** — You'll see your space before having to decide whether or not to build.
- ✓ **No wasted space or money** — We recommend only what you need to reach your goals and no more.
- ✓ **End-to-end service** — From discovery call to install, you'll work with one expert who understands your vision.



Example garage gym 3D mockup

Scan the QR Code
to Get Started 



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